

# Portable Red Therapy Device Instruction Manual



## Technical Specification

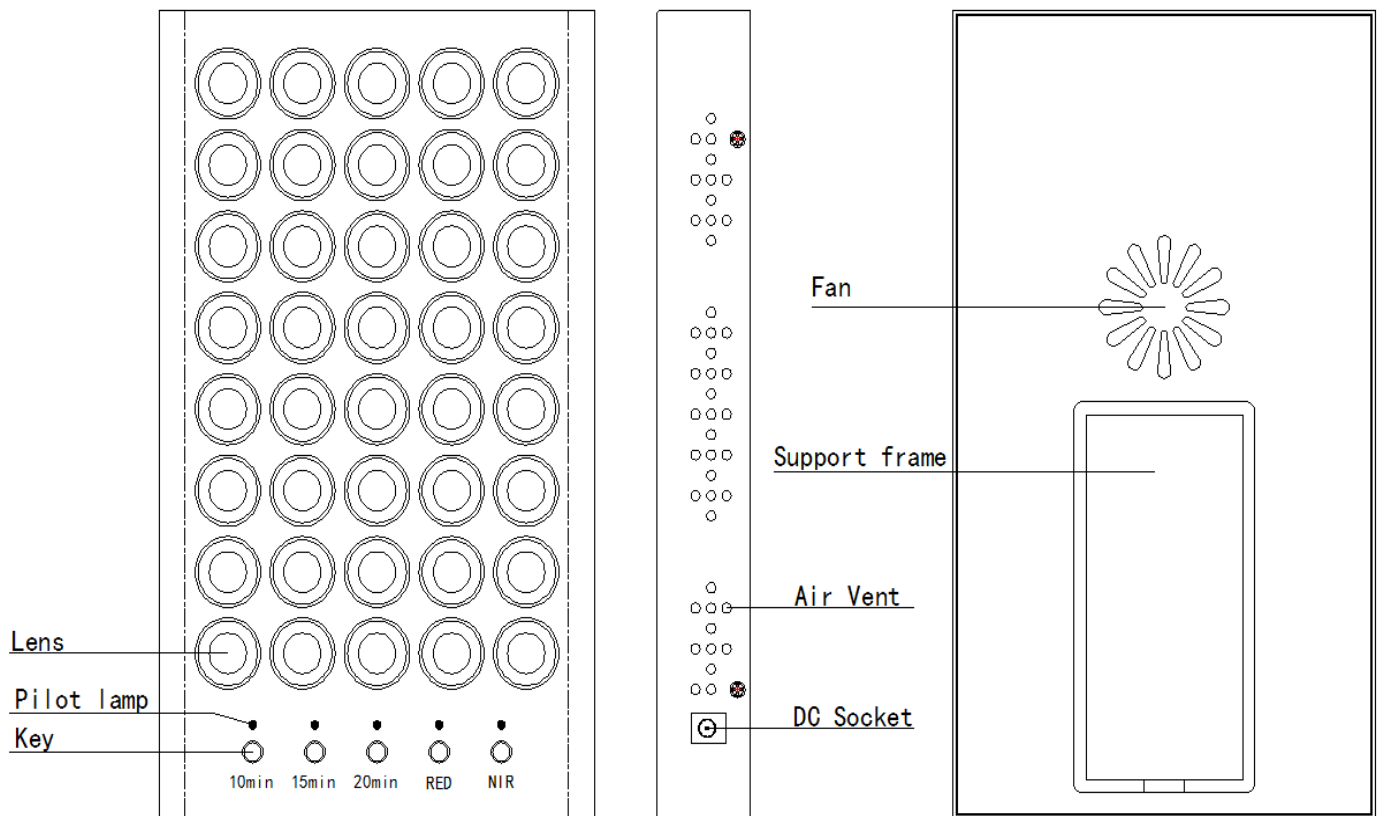
Technical Specification			
Model	RP200B	Beam Angle	60 degree
LED power	200W	Product size	9.5*5.5*1.18inch
Draw power	50W ±5%	Working Temperature	-20°C to 40°C
Input voltage	DC 24V	LifeSpan	50,000 hours
LEDs QTY	40pcs	LED Type	5W LED
Wavelength	660nm (red light)/850nm (near infrared light)		

## Product features:

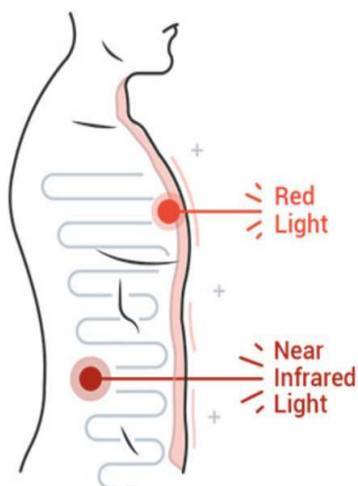
LED Red Light Therapy has a variety of applications and benefits. With optimal wavelengths of 660nm (red light) and 850nm (infrared light), this device can be used for skincare, wound recovery, pain management and more.

Lightweight and portable, take your LED Red Light with you anywhere!

## Product detail:



**Take it anywhere with you**



### Red Light at 660nm

Red light has been found to help increase collagen and elastin production, improve skin tone, reduce fine lines and wrinkles and speed wound recovery.

### 660nm:850nm=1:1

Provides ultimate versatility for overall health by delivering an equal percentage of both red light at 660nm and near infrared light at 850nm.

### Near Infrared light at 850nm

Near Infrared light penetrates deeper within your body and can aid in muscle recovery and reducing inflammation and pain from chronic or acute injuries.

**Infrared**  
750-1000 nm

**Results Booster™:** Penetrates deeper into the skin for amplified results.

**Red**  
625-700 nm

**Anti-Aging:** Combats wrinkles and increases collagen production for smoother, younger-looking skin.

### Near Infrared (NIR)

- Pain relief
- Can reduce inflammation
- Can help alleviate gut pain from indigestion, overeating, etc.
- Can help alleviate allergy symptoms
- Can speed wound healing
- Can boost mitochondria function in cells

### Red

- Can improve memory and cognition
- Can speed wound healing
- Promotes circulation
- Can support eye health
- Can reduce oxidative stress
- Can increase hair growth on scalp
- Can increase energy
- Can increase collagen production
- Can reduce scar tissue
- Can improve nutritional metabolism
- Can increase elastin production
- Can help reduce fine lines/wrinkles
- Can help improve skintone

### How to use it:

1. Distance: Position face or body part within 0-30 cm from the LED Red Light.
2. Session Time: Choose the desired exposure time 15min, 20min or 25min.

Repeat on other areas if desired.

3. Frequency: Repeat up to 3 times daily.

### Tips:

This light is for indoor use only. Do not use LED Red Light near water. Unplug light when not in use.

Do not use or store next to a heat source.

### Can this hurt my eyes?

The typical human eye responds to wavelengths 400nm to 700nm. The light coming from this device is either visible red or invisible infrared.

Infrared light is beneficial to the eyes, just as it is elsewhere on the body. Safety goggles are not necessary to use with infrared.

Red light is bright and can be uncomfortable to use directly on the eyes. Closing your eyes is usually enough to use red light directly on the face.